

## Guidance

Elementary Guidance Counselors introduce the DUSO (Developing Understanding of Self and Others) program to students in First Grade. The program in First Grade focuses on “Body Rights” in the following areas:

- Safety Rules
- Differentiation of appropriate and inappropriate touch
- Differentiation of appropriate and inappropriate secrets
- Assertiveness
- Appropriate skill use
- Reinforcement of intuitive sensation

## Physical Education

The purpose of the elementary physical education program is to help each student develop physically, mentally, emotionally, and socially. Students who participate in physical education activities on a regular basis, learn the benefits of that participation and value its contributions to healthy lifestyles.



## VISUAL AND PERFORMING ARTS

Students participate in visual and performing arts on a weekly basis. These include 45-minute art and music sessions.

## MSAD #34 Mission Statement

The mission of MSAD #34 is reaching and teaching all children to achieve academic excellence. To this end, the district will hold high expectations for staff and students. The educational program will be implemented to give students the opportunity to acquire the values, attitudes, knowledge and skills

that are essential to becoming confident and productive adults who are lifelong learners, effective communicators, creative problem-solvers, informed thinkers, collaborative and quality workers and responsible citizens.

## Central Office Personnel

Superintendent of Schools  
M. Robbins Young, III 338-1960

Assistant Superintendent of Schools  
Alan Pfeiffer 338-1960

## Elementary Principals

East Belfast School 338-3760  
Jody Henderson, Principal

Ames & Weymouth Schools 342-5200  
Laura Miller, Principal

Capt. Albert Stevens School 338-3510  
Susan Inman, Principal

Drinkwater School 338-3430  
Gary Bosk, Principal

Nickerson School 338-1858  
Kate Miklovich, Principal

MSAD #34 Website: [www.sad34.net](http://www.sad34.net)

# MSAD #34

# First Grade Curriculum Guide for Parents

## FIRST GRADE

### Literacy

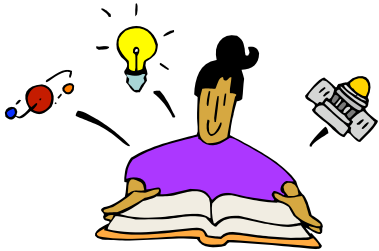
Literacy at the First Grade level integrates all subject areas to support the development of literacy skills. Students will have mastered the following skill upon completing First Grade.

- Read familiar and easy text independently  
Students will be reading at level 16
- Use multiple strategies to solve unknown words they encounter in text
- Retell stories read to show understanding/comprehension
- Read approximately 150 sight words as they occur in isolation and within a page of text
- Written piece includes at least three complete sentences
- Put words down on paper using the sound they hear when stretching out a word
- Begin to correctly spell familiar high frequency words



- Capitalize the first letter of a sentence and ends sentences with a period or question mark
- Correctly form all lower and upper case letters

- North America
- Self time line
- School government



## Health

Topics include:

- Personal safety
- Nutrition
- Our Bodies
- Consumer Health
- Physical Health
- Emotional Health

## Homework

Students are expected to read, or be read to, 15 minutes every night. They may also have writing and/or Math work once a week.

## Science

First Grade students explore the concepts of:

- Animals and their habitats
- Solids and liquids
- Earth materials

## Social Studies

In Social Studies the major concepts focus on governmental geography and history. First Grade topics include:

## Math

Students develop math skills in First Grade including:

- Counts and recognizes “how many” in sets of objects up to 100
- Order and compare numbers up to 100
- Counts by 1’s, 2’s, 5’s, and 10’s to 100
- Identifies, knows the value of a penny, nickel and dime
- Understands place value; ones, tens, hundreds
- Demonstrates an understanding of addition and subtraction
- Use models to demonstrate understanding of  $1/4$ ,  $1/3$ , and  $1/2$

